

Overview

Island Peak Climbing with Everest Base Camp Trekking

Island / Imjatse Peak climbing is an exciting journey that offers incredible views of Mt. Everest (8,848 m / 29, 028 ft) and other ranges of snow capped peaks in the comfort of nice cozy lodge en route with camping facilities for few days while climbing to Island peak.

A great adventure for beginners (amateur climbers) and also to the hardy mountaineers, Island peak is also known as Imjatse peak named after Imjatse valley. Island summit 6,189m/ 20,305ft, the climbing graded as PD+ (means Peu Difficile) has also few technical difficulties like walking on glaciers. The grade is taken as per international Swiss / French Alpine System, widely used worldwide for alpine climb.

This fabulous adventure includes visit to Everest Base Camp & Kalapatthar before the climb, allowing proper acclimatization, with enough rest days for practice. The adventure starts with a short flight to Lukla and then heading higher to the nice villages of Namche-Thyangboche-Pheriche, visiting monasteries and interesting Sherpa cultures of Buddhist religion.

As the trek leads to Everest base camp and on top of Kalapatthar with enough acclimatization, climb to the summit of Island peak which will be your adventure of a lifetime, experiencing tough climb with awesome views. When you finish going downhill until Lukla, the trip concludes with a flight back to Kathmandu.

Cost Includes

- Airport pickup and drop
- All ground transportation by tourist bus & private vehicle
- Flight Kathmandu-Lukla-Kathmandu
- Accommodation 3 nights, 3 star or similar hotel in Kathmandu on BB(breakfast and bed) basis
- Teahouse lodges during the trek and all meals included
- Healthy diets while on island camps
- Seasonal fruits and salads during trekking and camping
- Welcome and farewell dinner at Nepali typical restaurant at Kathmandu
- An experienced trekking guide, climbing Sherpa, assistant sherpa, porters(1 for 2 trekkers) and their salary, travel, insurance, etc
- Optional supply : Down jacket, duffel bag and sleeping bag(to be returned afterward)
- NAT t-shirt, route maps
- All required trekking and climbing permits
- Best quality tents and kitchen utensils for camping
- Group Climbing equipments
- First aid medical kit
- All government taxes

Cost Excludes

- Nepal visa fees, International flight
- Sightseeing in Kathmandu
- Extra accommodation and meals behind schedule
- Travel and rescue insurance
- Tips to guide & porter

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Itinerary Details

Day 01 : Arrival in Kathmandu via respective airlines.

Day 02 : Preparation day with optional sightseeing tour.

Day 03 : Fly to Lukla (2820 m) and trek to Phakding (2640 m) - 04 hours.

Day 04 : Trek to Namche Bazaar (3440 m) - 05 hours.

Day 05 : Rest day at Namche Bazaar for acclimatization and excursion.

Day 06 : Trek to Thyangboche (3867 m) - 05 hours.

Day 07 : Trek to Pheriche (4240 m) - 05 hours.

Day 08 : Rest day at Pheriche for acclimatization and excursion.

Day 09 : Trek to Lobuche (4930 m) - 05 hours.

Day 10 : Trek to Gorakshep (5170 m) and Everest Base Camp (5364 m) and return to Gorakshep - 06 hours.

Day 11 : Hike to Kalapathar and trek to Chukhung (4730 m) - 06 hours.

Day 12 : Trek to Island / Imjatse Peak Base Camp (4970m) - 04 hours.

Day 13 : Rest day at Island peak Base Camp.

Day 14 : Climb Island Peak (6189 m) and return to Dingboche (4260 m) - 9 - 10 hours.

Day 15 : Trek to Namche Bazaar (3440 m) - 06 hours.

Day 16 : Trek back to Lukla - 06 hours.

Day 17 : Fly back to Kathmandu afternoon free at leisure.

Day 18 : International departure for homeward bound.