

Overview

Langtang Valley trekking is one of the best trekking area around central Himalayas of Langtang region. Langtang Valley trekking is done around Nepal's 2nd largest Langtang National Park(1710 sq km), established in early 1976, the first National Park around Himalaya. This fabulous Langtang Valley trekking leads through high hills of Tamang and Bhotias traditional villages enriched with Buddhist religion, culture, and tradition of Tibetan origin.

On this trek where you will be completely engrossed with amazing vista from Annapurna I(8,091m / 26,545ft), Annapurna South(7,219m-23,693ft), 08th highest Mt. Manaslu at 8,163 m, Ganesh Himal(7,405 m), Langtang Lirung (7,234 m)Â Ghengu Liru (Langtang II, 6571m / 21,560ft), Kimshun (6,745m/22,137ft) and Shalbachum(6,918m / 22,699ft) to the south and the Chimsedang Lekh which forms a ridge of peaks which includes Naya-Kanga (5,846m) and Gangchempo terminating with Dorje Lakpa (6,980m/22,929ft). To the east, there's the upper meadows of the Langtang end in a massive mountain wall, forming the frontier with Tibet.

Starting this wonderful adventure with a drive to Syabrubesi village and then higher up to beautiful Langtang valley at Kyanjin Gumpa, you'll walk past Ghoretabela and Langtang traditional farm village. In Kyanjin, enjoy the views of surrounding mountains and then head back to Kathmandu via an alternative route through Upper Syabru and Singh Gumpa providing you more enjoyable time around Langtang area with amazing views.

Cost Includes

- All transportation airport pickup and drop by car / jeep
- Welcome and farewell dinner at typical Nepali restaurant
- 3 nights hotel in Kathmandu 3 star level on BB basis plan
- Kathmandu " Syabrubensi " Kathmandu by Local Bus and ticket fare
- 7 nights" Tea / house lodge at mountain during trekking
- During trek, all meals, breakfast, lunch, dinner and tea / coffee
- An experience and English speaking guide, his food, travel, salary, equipment and insurance, etc
- Strong porter (1 for 2 trekker) his food, travel salary, equipment, insurance
- Langtang National Park entrance fee and Local Taxes
- TIMS Card (Trekking Information Management System)
- Nepal Adventure Team T-shirt as gift and certificate of appreciation
- NAT t-shirt, maps.
- First Aid Medical Kit
- All government Vat / Tax including local taxes

Cost Excludes

- Nepal visa fee

Langtang Valley Trekking

- International flight (airfare)
- Extra drinks as alcoholic & non-alcoholic
- Personal expenses as phone bill, chocolate, bakery & cake, battery charge, laundry and extra porter
- Extra accommodation and meals behind schedule
- Travel and rescue insurance
- Tips to guide & porters

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Itinerary Details

Day 01 : Arrival in Kathmandu via respective airlines.

Day 02 : Preparation day in Kathmandu (1,350 m)

Day 03 : Drive to Syabrubesi (1,460 m) - 06 hours.

Day 04 : Trek to Lama Hotel (2,430 m) - 05 hours.

Day 05 : Trek to Langtang village (3,430 m) - 04 hours.

Day 06 : Trek to Kyanjin Gompa (3,850 m) - 04 hours.

Day 07 : At Kyanjin Gompa, rest and hike.

Day 08 : Trek to Lama Hotel - 06 hours.

Day 09 : Trek back to Syabrubesi- 05 hours

Day 10 : Drive back to Kathmandu - 06 hours.

Day 11 : International departure for homeward bound.